

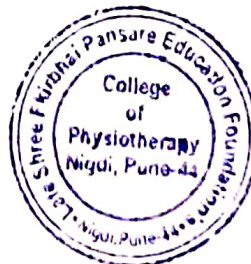
**LATE SHREE FAKIRBHAI PANSARE EDUCATION FOUNDATION'S**  
**COLLEGE OF PHYSIOTHERAPY**

**Kirti Vidyalay Sect.25, LIG Colony, Sindhunagar, Nigdi Pune-44**  
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**Staff Publication**

**Dr. Varsha Kulkarni, Professor, Department of Neuro Physiotherapy**

1. Effectiveness of Squatting Along with Abdominal Exercises On Diastasis Recti Correction in Multiparae Females: A Comparative Study; International Journal of Advanced Research and Development; Volume3; Issue 2; March 2018; Page No. 508-510
2. To compare effectiveness of constraint induced movement therapy versus mirror therapy along with conventional therapy to improve hand function in chronic stroke patients; International Journal of Yoga, Physiotherapy and Physical Education, Volume3; Issue 2; March 2018; Page No. 286-293
3. Effectiveness if Otago Exercise VS Kitchen sin exercises with strength training on dynamic balance in Parkinson's Patients: A comparative study; International Journal of Advanced Research and Development; ISSN: 2455-4030; Volume 5; Issue 4; July 2020; Page No. 45-50.
4. Effect of Ergonomic Advice and Ergonomic Plus Physiotherapy Intervention on Neck Pain in Courier Delivery Persons; International Journal of Research and Analytical Reviews (IJRAR) E-ISSN 2348-1269, P-ISSN 2349-5138; December 2020, Volume 7, Issue 4.
5. Comparison of Hamstring Stretching Stretching Versus Sciatica Nerve Gliding in Individuals with Sciatica; International Journal of Sciences and Research (IJISR); ISSN: 2319-7064; Volume 9 Issue 10; October 2020
6. Effectiveness of Deep Breathing Exercises on the Peak Expiratory Flow Rate in Adult Cigarette Retailers Exposed to Environmental Tobacco Smoke Using Mini Wright's Peak Flow Meter : International Journal of Development Research Vol-11; Issue 9; 27<sup>th</sup> September 2021
7. Prevalence of Musculoskeletal Disorders in Upper Limb in Cook Working at Chinese Food Stall; International Journal Applied Research September 2021; 7(8): 202-206
8. To study the effect of Strengthening Exercises for Ocular Muscles in Students; ISSN 2348-1269, P- ISSN 2349-5138
9. Prevalence of balance and postural stability in individuals with unilateral and bilateral osteoarthritis knee using BES test scale. (International Journal of Applied Research, volume 7, Issue 10, September 2021.)
10. Impact of COVID on daily living activities in Post Covid 19 patients; International Journal of Research and Analytical Reviews (IJRAR) -240713



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Dr. Shweta Pachpute, Professor, Department of Musculoskeletal Physiotherapy

1. Immediate effect of hot pack versus kinesiotape and hot pack on pain in primary dysmenorrhea ISSN 2294-9571, Volume 11, Issue 8, August 2021 Page No 11-16
2. Comparative study of the effect of dynamic oscillatory stretching and Pnf stretching on Hamstring tightness; International Journal of Scientific Research, Volume 10, Issue 01, January 2021 Page No 73-75
3. Effect of Kinesiotaping and Proprioceptive Neuromuscular Facilitation on Pain & Function in Patients with Osteoarthritis Knee; International Journal of Scientific Research, Volume 9, Issue 08, August 2020 Page No 73-75
4. Effect of core strengthening exercises as an adjunct to conventional therapy in shoulder impingement syndrome; International Journal of Basic & Applied Research, Volume 9, Issue 04-15, June 2019, Page No 1152-1162
5. Effect of Kinesio taping as an adjunct to strengthening exercises in Functional Flat feet; ISSN 2249-3352 (P) Volume 9 Number 6, June 2019
6. Short term effect of awareness through movement versus static stretching static stretching over hamstring muscle length; Journal of Emerging Technologies and Innovative Research (JETIR), Volume 6, Issue 5, May 2019, Page No 598-601
7. A Comparative Study On the Effects of Yoga and Stretching Exercises in Primary Dysmenorrhoea International Journal of Research and Analytical Review, ISSN 2348-1269, Volume 6, Issue 2, May 2019, Page No 1-9
8. To find the effectiveness of pune shoulder rehab protocol on patients with frozen shoulder; Innovative publication Journal of society of Indian physiotherapist, Volume 3, Issue 2 October 2019
9. The effects of Otago Exercise Programme for fall prevention in elderly people; International journal of Physiotherapy; Volume 2, Issue 4, August 2015, Page No 633-639
10. Effect of static stretching on strength of hamstring muscle; International Journal of Physiotherapy; Volume 3, Issue 2, January 2016, Page No 218-221
11. Comparative study on effects of kinesiotaping versus conventional treatment in cervical spondylosis; Sinhgad e-Journal of physiotherapy, ISSN 2395-681X Volume 1, Issue 1 January 2017



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**Dr. Gargi Bhalekar, Associate Professor, Department of Neuro Physiotherapy**

1. Effectiveness of aerobic exercise in grade 1 and grade 2 hypertensive Trends in science and Technology April 2017 22(3):188-193
2. Comparison between Anterior and Posterior walker gait Parameters and Physiological cost index in children with spastic diplegic Cerebral Palsy Volume -9 Issue 2 ISSN -2249-555X
3. Effect of Back & Leg strengthening on Cadence in Obese Adults; Indian Journal of Applied Research; Volume 9; Issue 4; April 2019; Page no 45-47
4. Assessment of Quadratus Lumborum muscle strength on professionals sitting with legs crossed on chair Indian Journal of Applied Research; Volume 9; issue 4; April 2019; Page no 16-17
5. Prevalence of Musculoskeletal Disorders in sales Person of Departmental Store; International Journal of Physiotherapy Research (Manuscript Accepted)
6. Reliability of Smartphone application for knee joint flexion Range of Motion; International Journal of Physiotherapy Research; volume 5; Issue 5; April 2019; Page no 40-42
7. Effect of Incense burning exposure on pulmonary functions in temple Pandits International Journal of scientific and Engineering Research volume 12 Issue 3 March 2021
8. Awareness and Perspective about oncology physical therapy in physiotherapy Volume 10 Issue 09 SEPTEMBER 2021 82-83
9. Prevalence of Carpal tunnel syndrome in auto rickshaw drivers International Journal of Health Science and research Volume 11 issue 8 AUGUST 2021



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**Dr. Pallavi Chicholikar, Associate Professor, Department of Cardiorespiratory Physiotherapy**

- 1) Effect of age on test performance in community dwelling elderly people: 6 minute walk test and 10 step test (IJMRIIS)
2. Effect of anterior walker and posterior walker on balance and gait in cerebral palsy (IJAR)
3. Comparison of incentive spirometry and active cycle of breathing techniques for prevention of postoperative pulmonary complication in patients with upper abdominal surgery". (IJPESH)
4. Peak expiratory flow rate in printing press workers exposed to powder toner: An observational study (IJAR)
5. Prevalence of Musculoskeletal Disorders in Head Load Workers at Construction Sites (IJSR)

**Dr. Neha Deshpande, Associate Professor, Department of Community Physiotherapy**

1. Relationship among lifting ability, grip force and return to work in industrial workers.  
International journal of scientific research, volume-10, Issue-4, April 2021, ISSN No. - 2277-8179, page- 1-3
2. Effect of core stability exercises V/s Electrotherapy and conventional physiotherapy on low back pain patients.  
Journal of National Integrated Medical Association, Vol-50, issue- 4, April 2021, ISSN - 0377-0622, page no. - 13-15
3. Prevalence of postnatal depression in primiparous women using Edinburgh Postnatal Depression Scale.  
International journal of applied research Vol- 7, issue-8, 2021, ISSN- 2394-7500, page- 78-80
4. The association between obesity and risk of fall in geriatric population. International journal of applied research Vol-7, issue-8, 2021, ISSN: 2394-7500, page- 179-183
5. Implications of work from home on musculoskeletal system and stress level on IT professionals during COVID 19 pandemic. International journal of science and research Vol-10, issue- 12, December 2021, ISSN-2319-7064, page- 581-585
6. Prevalence of depression in polycystic ovarian syndrome patients: A cross sectional study: International journal of science and research Vol-11, issue- 2, Feb 2022 ISSN-2319-7064, page- 15-21



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**Dr. Bhavika Keswani Associate Professor, Department of Musculoskeletal Physiotherapy**

1. Effect of rehabilitation on muscle imbalance in upper cross syndrome; International Journal of Recent Trends in Science and Technology; Vol. 1 Issue 20; August 2016; Pg 57-63.
2. To study the effect of tricep strengthening in lateral epicondylitis; International Journal of Recent Trends in Science and Technology; Vol. 1 Issue 20; August 2016; Pg 77-82.
3. The effect of circuit resistance training on upper limb muscle strength in volley ball attacker players; International Journal of Recent Trends in Science and Technology; Vol. 1 Issue 20; August 2016; Pg 25-31


**Dr. Shruti Mulaokar Assistant Professor, Department of Musculoskeletal Physiotherapy**

1. Immediate and short-term effects of Mulligan mobilization with movement, on pain, disability and ratio of Vastus medialis and Vastus lateralis activity in individuals with knee osteoarthritis in the age group 50-70 years. (International Journal Of Scientific Research, Volume 10, Issue 3, March 2021).
2. Prevalence of musculoskeletal injuries among dhol (drum troupe) players. (International journal of research and analytical reviews., Volume 7, Issue 4, December 2020)
3. Prevalence of Plantar fasciitis in bus conductors. (International Journal Of Scientific Research, Volume 10, Issue 8, August 2021).
4. Correlation Between medial longitudinal arch Height of foot and static, dynamic balance in cricketers. (International Journal of Applied Research, Volume 10, Issue 9, 1st September 2021).
5. Prevalence of Musculoskeletal disorders in Xerox copy shop vendors. (International Journal of science & Research, Volume 10, Issue 12, December 2021)

**Dr. Dhanashree P. Shinde, Assistant Professor, Department of Cardiorespiratory Physiotherapy**

1. Effect of Chest Proprioceptive Neuromuscular Facilitation versus body Positioning in mechanically ventilated patients: A cross-over study. (International Journal of Basic and Applied research, Volume 8, Issue 7, July 2018)
2. Effect of High intensity interval training on trampoline and underwater in healthy individuals: A comparative study. (International Journal of Basic and Applied research, Volume 8, Issue 7, July 2018)



  
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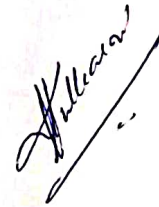
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**Dr. Lavanya Ayver, Assistant Professor, Department of Neurophysiotherapy**

1. Co-relation of functional mobility with anxiety in traumatic below knee amputees (International Journal of Physiotherapy and Research, Volume 9, Issue 5, August 2021)

**Dr. Bhagyashri Badve, Assistant Professor, Department of Community Physiotherapy**

1. Correlation of scapular position with neck pain in secondary school teachers (International Journal Of Scientific Research, Volume 10, Issue 9, September 2021)



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